

Compass Schedule and Descriptors

January

After School Staff: MacKenzie Schiffman and Shawna Worley

Healthy Snack: Starting with a healthy snack ensures the students have the energy they need for the following activities.

Outdoor Open-Ended Play (Weather Permitting): This is a fantastic opportunity for students to get some fresh air, exercise, and use their imaginations. Open-ended play allows them to explore, create, and problem-solve independently or with friends. **Friendly reminder that boots and proper jackets are a need for us to get outside in compass!**

Activity/Homework Time: This provides flexibility. Students can participate in a small activity led by the program staff, or they can choose to work on their homework in a supervised setting. For our younger friends they have a small choice activity that will be led by staff.

Reminder: Compass kicks off with a delicious and nutritious snack to refuel our young learners. Then, we'll head outdoors (weather permitting) for open-ended play! This is their chance to explore, build, imagine, and run wild in a safe and stimulating environment. Please remember to send your students with weather appropriate clothes. During free play, we offer a structured activity based on daily and monthly themes. To wrap up the afternoon, it's choice time! Students can unleash their creativity with a fun, small group activity led by our staff, or they can catch up on schoolwork in a quiet space with support available. We will allow opportunities for student input, student leadership, and facilitation of activities whenever there is interest and it is possible. There will be adequate supervision of students at all times and during all activities.

Compass learning opportunities this month:

New Year, New Me: Students can create a collage of images and words that represent their goals and aspirations for the new year. **New Year's Resolution Artwork,** students can draw or paint pictures of their New Year's resolutions. **"Old Me, New Me"** Comparison, students can draw or write about their past selves and their future selves. We will be able to set goals and students can create a graph to track their progress towards their goal. Students will be able to participate in a kindness challenge, such as performing random acts of kindness for others.

Frozen Fun: Students will learn about how snowflakes form and create their own paper snowflakes, by using paper or construction paper. Students have the opportunity to explore the properties of ice by freezing water in different containers or adding food coloring. To use ice and make towers or structures, have a race to see who can melt their ice cube the fastest and create ice cube mosaics or sculptures with food coloring and fake snow.