Compass Schedule and Descriptors

November

After School Staff : Annika Brown and Cindy Pinedo

Healthy Snack: Starting with a healthy snack ensures the students have the energy they need for the following activities.

30 Minutes of Activity/Homework Time: This provides flexibility. Students can participate in a small activity led by the program staff, or they can choose to work on their homework in a supervised setting. For our younger friends they have a small choice activity that will be led by staff.

Outdoor Open-Ended Play (Weather Permitting): This is a fantastic opportunity for students to get some fresh air,exercise, and use their imaginations. Open- ended play allows them to explore, create, and problem-solve independently or with friends.

Reminder: Compass kicks off with a delicious and nutritious snack to refuel our young learners. Then, it's choice time! Students can unleash their creativity with a fun, small group activity led by our staff, or they can catch up on schoolwork in a quiet space with support available. To wrap up the afternoon, we'll head outdoors (weather permitting) for open-ended play! This is their chance to explore, build, imagine, and run wild in a safe and stimulating environment.Please remember to send your students with weather appropriate clothes. We will also be refilling and using water bottles to stay hydrated outside. During free play, we offer a structured activity based on daily and monthly themes. We will allow opportunities for student input, student leadership, and facilitation of activities whenever there is interest and it is possible. There will be adequate supervision of students at all times and during all activities.

Compass learning opportunities this month:

Thanksgiving: Write down things you're thankful for on a paper leaf to be added to a gratitude tree. Make-your-own turkey project, and disguise a turkey! Discuss favorite thanksgiving meals.

Leaves and nature: Make leaf piles outside and jump in! Explore the changing of seasons and see how in *Fall* all the leaves fall and change color.

Friendship and Kindness: Make friendship bracelets and practice writing kind notes to one another for kindness day. Play the smile game where we will practice tossing a ball; whoever it lands on has to say something kind to someone in the circle.